



## Merano High Mountain Trail in the Texelgruppe Nature

### A fantastic hike of several days in the Texelgruppe Nature Park

The Merano High Mountain Trail is one of the most beautiful pathways in the whole Alpine area. With its relatively small differences in altitude it somehow connects the high mountain climate of the Texelgruppe mountain range and the sub mediterranean climate of the Etschtal valley. The numerous trails leading up to or back down from the High Mountain Route give you the possibility to start and end your tour wherever you want. Furthermore, it is possible to reach several farms situated near the High Mountain Route by car or by taxi or with the small cable cars. The Merano High Mountain Trail is marked with the number 24 and wherever it might be dangerous you will find chains, ropes or railings to ensure your security. In addition, there are some natural steps, artificial stairs or ladders, which facilitate the way up to and back down from the pathway.

The subdivision of the High Mountain Route into a North Route and a South Route gives you the possibility to explore the pathway in different seasons. The whole distance of about 80 kilometers, for which 4 to 6 days are necessary, can be walked from the end of June till October (depending on the amount of snow). Apart from a pure sports experience the Merano High Mountain Trail also offers a wonderful natural landscape (with particular fauna and flora). As if from a panorama terrace you can see the Vinschgau valley, the Merano basin, the Passeiertal Valley, as well as the Alps of the Sarntal Valley, the Stubai and the Ötztal. On a clear day it seems that you can reach out and touch the Dolomites, the Brenta Group and the Ortler Massif. Everywhere you get new impressions and you gain an insight into the world of the South Tyrolean mountain farmers who have created and maintained this mountain and pasture landscape in centuries of work.

### The Merano High Mountain Trail North

It starts at Katharinaberg (Schnalstal Valley). Walking there depends much on the snow, which can often lie deep in Pfossental valley and Pfelderertal valley until late spring with the consequent risk of avalanches and landslides. Starting from Katharinaberg (1245 m), the walk leads into Pfossental valley to Nassreid (1534 m) and Vorderkaser (1693). Then it goes from the Rableid mountain hut to the Eishof (2069 m) mountain hut. The fantastic scenery with many peaks (Texelspitze 3318 m, Roteck 3337 m, Hohe Weiße 3281 m, Hohe Wilde 3481 m and Hintere Schwärze 3624 m) frames this valley like a natural amphitheater and forms the core of the Texelgruppe Nature Park. From the Eishof you go on into the valley nearly to its end. The walk gets stonier and ascends steeply until Eisjöchl (2908 m), the highest point of the route. Here you find the Stettiner Hütte mountain refuge (2875 m). From there the route leads down to Pfelders (1622 m) and out of the Pfelderertal valley to join the Southern Merano High Mountain Trail at Ulfas walking by Innerhütt and Ausserhütt (1500 m).

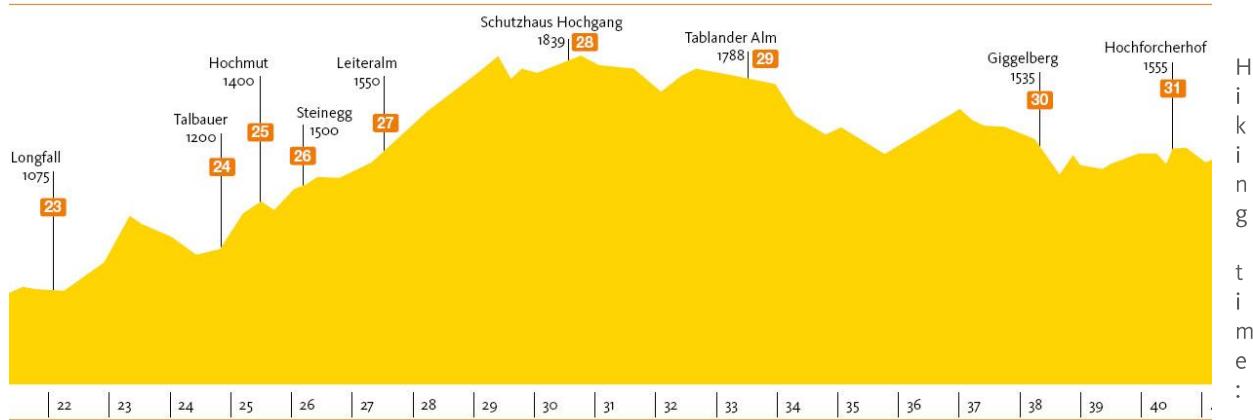
### The Merano High Mountain Trail South

Starting from Ulfas (1369 m) the walk leads past the rather remotely placed Gögelehof farm (1295) to Christl (1132 m). In the south you can see the Alps of the Sarntal valley and in the east there is the Jaufenpass. You walk by Matatz (1098 m), Magdfeld (1147 m), Vernuer (1100 m) and Langfall (1075 m) and reach the Hochmut farms (1361 m). This group of farms is positioned like an eyrie on the steep slope of the Mutspitze mountain. The tour goes on walking by the Hochganghaus mountain refuge (1839 m – that's the highest point along the southern route), the Gojener Alm mountain hut (1824 m), the Tablander Alm mountain hut (1788 m), Nassereith (1523 m), Giggelberg (1565 m), Hochforch (1555 m), Innerforch (1460 m), Linthof (1386 m), Kopfron (1436 m) and finally reaches Katharinaberg (1245 m). The southern route offers you some attractive tours for one or more days. In certain places which are secured with steel ladders and ropes it is necessary to have a good head for heights. Be careful when it's wet!



## Sections

1<sup>st</sup> stage: Hochmuth to Giggelberg



Hours

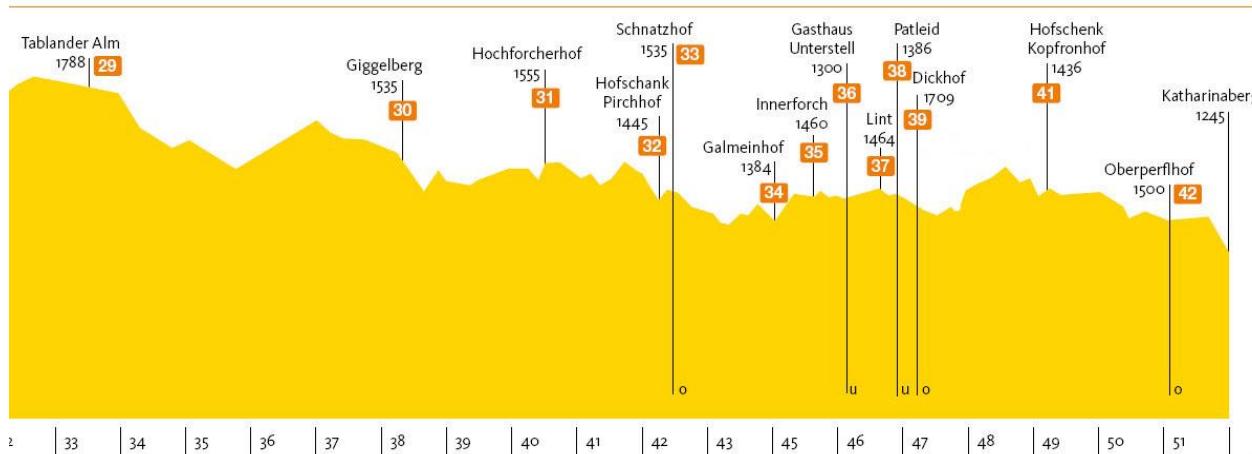
Hochmuth-Leiteralm	1 Hour
Leiteralm-Hochganghaus	1,5 Hours
Hochganghaus-Nassereith	2,5 Hours
Nassereith-Giggelberg	1,5 Hours
Hiking time in total	ca. 6,5 Hours

The first stage begins at Hochmuth inn (1,400 m) and leads to Leiteralm mountain hut (1,522 m) on path no. 24 via Hans-Frieden-Weg trail. From here continue to Hochganghaus hut (1,839 m). After Hochgang, the Merano High Mountain Trail begins to take on Alpine characteristics. The trail becomes a steep mountain road, taking on the name AVS Jugendweg, and passes the Tablander Alm Alpine pasture descending to the Nassereithhütte mountain hut (1,523 m). Here the route crosses the Zielbach stream and continues to the Giggelberg mountain restaurant (1565 m).

# Meran and Environs



2<sup>nd</sup> stage: Giggelberg to Katharinaberg



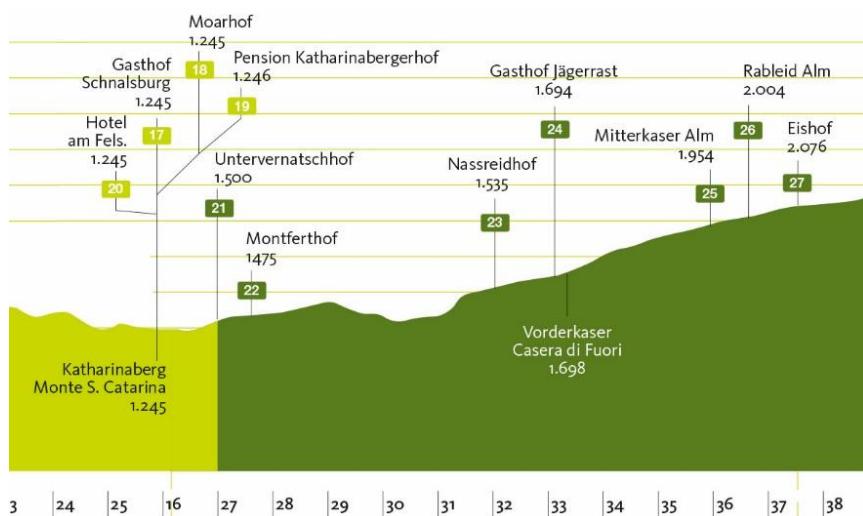
Hiking time:	Hours
Giggelberg–Hochforch	1 Hour
Hochforch–Pirch–Grub	2 Hours
Grub–Gallmein–Innerforch–Lint	1 Hour
Lint–Unterperlhof–Katharinaberg	2 Hours
Hiking time in total	ca. 6 Hours

This stage begins easily, but soon takes you through deep valleys and gullies over stairs, ladders and other safeguards. The highlight of this stage of the Merano High Mountain trail n° 24 is the 1,000-step gorge with a 55-metre suspension bridge. This section requires some sure-footedness to master the almost 1,000 stone, wooden and iron steps. You can hold on to ropes, chains and railings. Rustic mountain farms, inns and restaurants offer rest and refreshment, and a waterfall along the way provides fresh water for refreshment. From the Linthof mountain inn, the trail then winds its way into the Schnalstal valley to the village of Katharinaberg, 1,245 m.

# Meran and Environs



3<sup>rd</sup> stage: Katharinaberg to Eishof



Hiking time:

Katharinaberg–Vorderkaser

3,5 Hours

Vorderkaser–Eishof

2 Hours

Hiking time in total

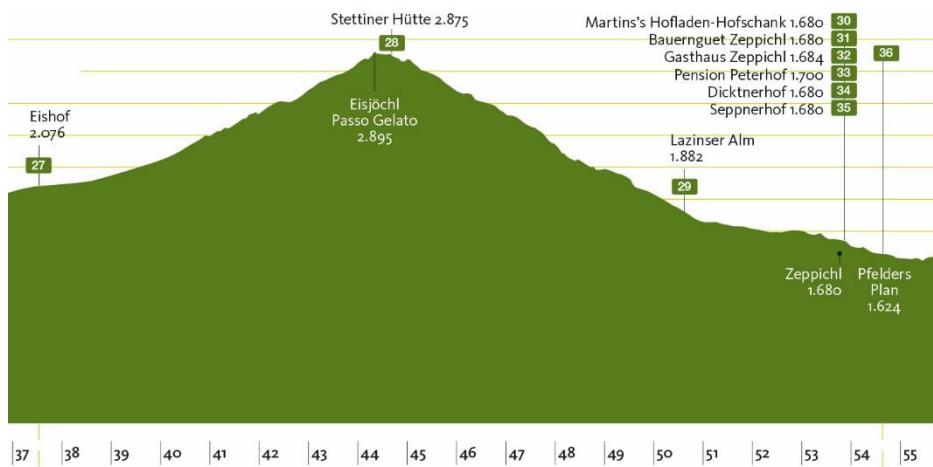
ca. 5,5 Hours

From Monte S. Caterina the route leads you through the Pfosstal Valley into high mountains, past the Vorderkaser mountain restaurant and on to Eishof mountain hut (2.076 m), from which one reaches the end of the valley.

# Meran and Environs



4<sup>th</sup> stage: Eishof to Plan/Pfelders



Hiking time:	Hours
Eishof–Eisjöchl–Stettiner Hütte	3 Hours
Stettiner Hütte – Pfelders	3 Hours
Hiking time in total	ca. 6-7 Hours

The old military road climbs at an even ascent to the Eisjöchl ridge at 2,895 m. The peaks of the Texelgruppe Nature Park tower majestically above, and you can almost touch the Hohe Weisse (3,278 m). From here it is only a short distance to the Stettiner Hütte mountain hut (2,875 m). From the Stettiner Hütte, the trail snakes its way downhill to the Lazinser Alm pasture. The route then continues through the village of Plan/Pfelders (1,622 m) to Innerhütt and Ausserhütt mountain restaurants, winding up and down to Cresta/Christl, above S. Leonardo/St. Leonhard in the Passeiertal Valley.

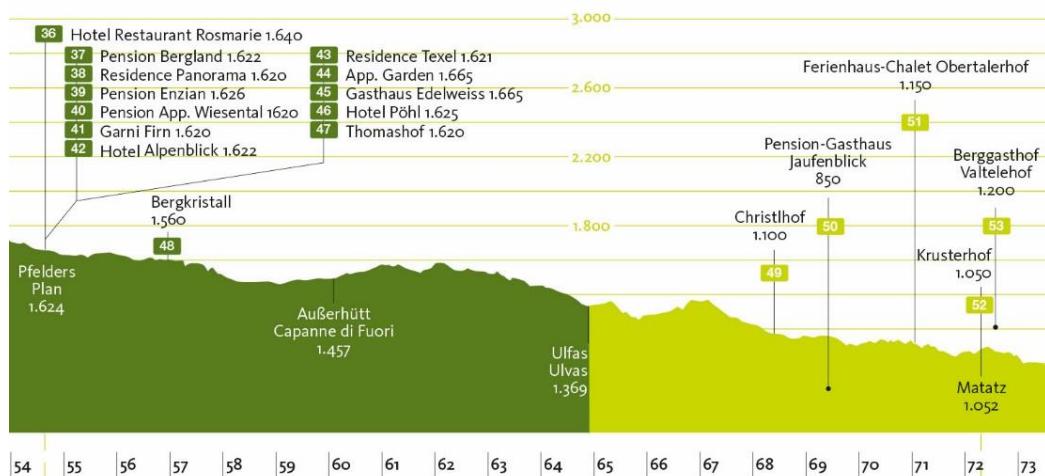
Forest road, old, evenly climbing military trail, high mountains (snowfields possible)

Crossing the Eisjöchl ridge is only advisable if the Stettiner Hütte is open (usually 1 July until late September, depending on weather conditions). You will find information on opening times in Schnalstal or Passeiertal valleys tourist offices which also have information on actual conditions on the Eisjöchl.

# Meran and Environs



## 5<sup>th</sup> Stage: Plan/Pfelders to Matatz



Hiking time:	Hours
Pfelders-Innerhütt	1 Hour
Innerhütt-Ulfas	1,5 Hours
Ulfas-Christl	1,5 Hours
Christl-Matatz	1 Hour
Hiking time in total	ca. 5 Hours

From Plan, the route leads to the Bergkristall climbing park and from there down to the Innerhütt mountain restaurant and then winds over hills to Cresta above S. Leonardo. The trail leads southward past several farms and on to Matatz above S.Martino/St. Martin.

# Meran and Environs

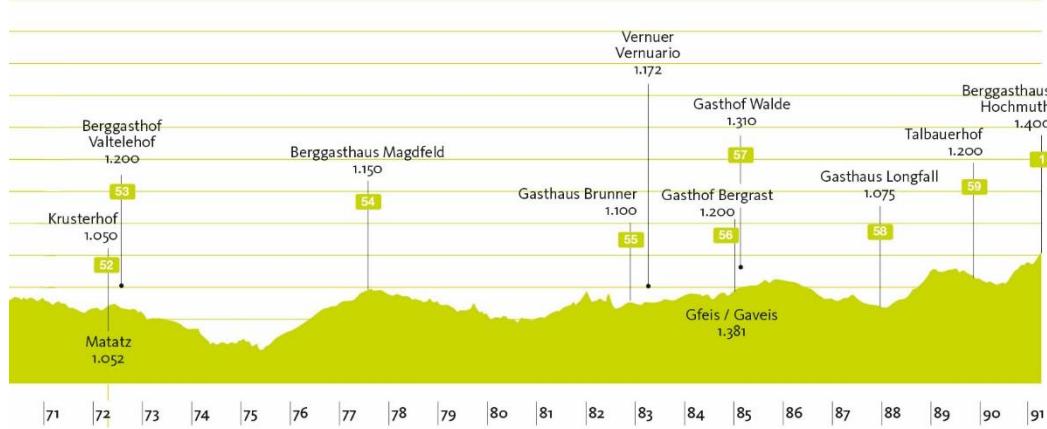


6<sup>th</sup> Stage: Matatz to Hochmuth

Hiking time:

Matatz–Magdfeld

1 Hour 45 minutes



Magdfeld–Vernuer

2 Hours

Vernuer–Gfeis

45 minutes

Gfeis–Longfall

1 Hour

Longfall–Hochmuth

1,5 Hours

Hiking time in total

ca. 7 hours

From Matatz, the route leads to Kalbenbach, where the trail descends to 820 metres and crosses the valley, then starts to climb again at Magdfeld. The trail then leads on to Longfallhof mountain hut in the Spronsertal Valley, continuing on to Talbauer and finally back to the starting point at the Hochmuth inn.

Partly exposed mountain path, secured in sections (descent to Saltausertal Valley and ascent from Spronsertal Valley, towards the Muthöfe farms). The rest an easy mountain trail.

# Meran and Environs



## Access & Parking

- » Merano → Tirolo → Hochmuth cable car → Hochmuth  
There is a charge for parking at the Hochmuth valley station (4.00 - 7.00 €/day), unattended
- » Lagundo → Lagundo-Velloi chair lift → Leiteralm basket lift  
Parking at the valley station and mountain station of the Velloi chair lift is free of charge, unattended
- » Parcines → Texelbahn-Giggelberg cable car  
Parking at the valley station of the Texelbahn cable car, free of charge, unattended
- » Parcines → graveyard Peter-Mitterhofer-Str.  
Parking at the graveyard in the Peter-Mitterhofer-Str., free of charge, unattended
- » Naturno → Unterstell cable car  
Parking at the Unterstell cable car, valley station, free of charge, unattended
- » Naturno → Schnalstal Valley → Monte S. Caterina (public bus service)  
Parking in Monte S. Caterina in the village, free of charge, unattended
- » Naturno → Schnalstal Valley → Pfosstal Valley  
There is a charge for parking at the Jägerrast inn (Pfosstal Valley), attended by farm owner
- » S. Leonardo → Plan (public bus service)  
Parking in Plan (6.00€/day – 24,00€/week) and Ulvas, free of charge, unattended
- » S. Leonardo → Cresta or Matatz

## Lifts

- » Tirolo–Hochmuth cable car – Tel. +39 0473 923 480  
Timetable: [www.seilbahn-hochmuth.it](http://www.seilbahn-hochmuth.it)
- » Lagundo/Plars-Velloi chair lift – Tel. +39 0473 448 532  
Timetable: Please call to request
- » Velloi-Leiteralm lift – Tel. +39 0473 448 532  
Timetable: Please call to request
- » Naturno–Unterstell cable car – Tel. +39 0473 668 418  
Timetable: [www.unterstell.it](http://www.unterstell.it)
- » Parcines–Giggelberg “Texelbahn” cable car – Tel. +39 0473 968 295  
Timetable: [www.texelbahn.com](http://www.texelbahn.com)

## Mobility Information

- » App südtirolmobil ([suedtirolmobil.info](http://suedtirolmobil.info))

## Important Phone Numbers

Emergencies	112
Weather information	+ 39 0471 271 177 - <a href="http://www.provinz.bz.it/wetter">www.provinz.bz.it/wetter</a>
Climbing School MeranAlpin	+39 348 260 081 3 - <a href="http://www.meranalpin.com">www.meranalpin.com</a>
Passeiertal / Schnalstal Valleys Mountain Guide Association	+39 338 561 446 1 - <a href="http://www.bergfuehrer-schnals-passeier.com">www.bergfuehrer-schnals-passeier.com</a>
Tirolo tourist office	+39 0473 923 314 - <a href="http://www.merano-suedtirol.it/de/dorf-tirol">www.merano-suedtirol.it/de/dorf-tirol</a>
Lagundo tourist office	+39 0473 448 600 - <a href="http://www.algund.info">www.algund.info</a>
Parcines/Rablà/Tel tourist office	+39 0473 967 157 - <a href="http://www.merano-suedtirol.it/de/partschins.html">www.merano-suedtirol.it/de/partschins.html</a>
Naturno tourist office	+39 0473 666 077 - <a href="http://www.merano-suedtirol.it/de/naturns">www.merano-suedtirol.it/de/naturns</a>
Tourism Coop. Schnalstal Valley	+39 0473 679 148 - <a href="http://www.merano-suedtirol.it/de/schnalstal">www.merano-suedtirol.it/de/schnalstal</a>
Passeiertal Valley tourist office	+39 0473 656 188 - <a href="http://www.merano-suedtirol.it/de/passeiertal">www.merano-suedtirol.it/de/passeiertal</a>
Association of South Tyrolean Mountain and Skiing Guides	+39 0471 976 357 - <a href="http://www.bergfuehrer-suedtirol.it">www.bergfuehrer-suedtirol.it</a>
Alpenverein Südtirol	+39 0471 999 955 - <a href="http://www.alpenverein.it">www.alpenverein.it</a>

Texelgruppe Nature Park - Information: [www.naturparks.provinz.bz.it](http://www.naturparks.provinz.bz.it)



## Taxis and Tour Coaches

» Taxi Helmut, Naturno, Pfosstal Valley	Mobile Phone +39 348 498 475 6
» Taxi Norris Jägershuttle Naturns, Schnalstal Valley, Pfosstal Valley	Mobile Phone +39 348 000 161 2
» Taxi Niedermair Shuttle, Parcines	Mobile Phone +39 345 174 823 0
» Taxi Gerstl, Parcines-Rablà	Mobile Phone +39 335 265 566
» Taxi Richard's Shuttle, Parcines-Rablà	Mobile Phone +39 333 286 837 4
» Taxi Noldi's Shuttle, Parcines	Mobile Phone +39 339 875 740 5
» Taxi Passeiertal Reisen, Corvara in Passiria	Mobile Phone +39 348 355 300 8
» Taxi Gufler Tours, S. Martino i. P.	Mobile Phone +39 335 621 161 6
» Taxi Lampe, S. Martino i. P.	Mobile Phone +39 348 762 114 9
» Taxi Wilhelm, S. Leonardo i. P.	Mobile Phone +39 348 190 469 4 – taxi.free.willi@gmail.com
» Taxi Augscheller Florian, S. Leonardo i. P.	Mobile Phone +39 340 494 764 1
» Taxi Raffl, Platt i. P.	Mobile Phone +39 335 105 040 6

## Useful Information:

Tips for safe hiking and mountain climbing

1. Planning: Information on the length and degree of difficulty is essential for a safe mountain experience. Always notify relatives or host or the manager of the hut about the destination.
2. Assessment: Assess condition objectively and choose your trip accordingly. Set-off early and include extra time, to return before nightfall.
3. Pace and breaks: Choose a steady and regular walking pace. Include regular stops (in particular, if walking with children).
4. Drinks: Ensure that you are sufficiently hydrated! Drinks such as water, tea, or natural juices.
5. Mindfulness: Always show consideration for weaker members of the group. Point out dangers to other hikers and in case of emergency, provide First Aid.
6. Respect nature: Avoid noise and do not leave any litter. Preserve vegetation and respect plants and animals under protection.
7. Safety: Always follow the markings and do not leave marked paths and tracks. Regularly check the walking map and if in doubt, turn around in good time. The position of a person can be communicated using the app “112 Where ARE U”

(Source: Autonomous Province of Bolzano-South Tyrol, Ministry for Tourism)

## Things to Know

Clothing: The hiking clothes should be suitable for the season. A wind-proof hiking jacket, as well as sturdy hiking trousers, long hiking socks and heavy hiking- or trekking shoes are part of the basic equipment.

It is essential to check the weather conditions before setting off and to obtain information on the local climate conditions.

Cash: Payment by credit card is not possible at all mountain huts and shelters.

It is essential to take sufficient cash.

Overnight accommodation and reservations: In the peak season, it is recommended to reserve the mountain huts early. Please cancel the reservation if you do not require it.

Hiking with children: The walking times provided are walking times without breaks at the average walking pace of adult. When hiking with children, shorter sections should be planned and regular breaks should be made. In exposed places it is advisable to take children by

The hand and to exercise particular caution.

Hiking with dogs: The Merano High Mountain Trail is in principle suitable for dogs, which are used to longer hikes. Important: Check with the huts beforehand, if dogs are permitted overnight in the inside areas.



## Accommodation possibilities at the Merano High Mountain Trail South

<p><b>Berggasthaus / Albergo Ristorante Hochmuth</b>   1.400 m          Fam. Pircher · Via Muthöfaweg 8 · Dorf Tirol/Tirolo          Mobil +39 333 266 848 4 · info@hochmuth.it · www.hochmuth.it          · Mitte März bis Mitte November geöffnet          · Aperto da metà marzo a metà novembre</p>	<p><b>Hotel am Fels</b>   1.245 m          Fam. Gamper · Katharinaberg 61 · Schnalstal / Val Senales          Tel. +39 0473 679 139 · info@hotel-amfels.it · www.hotel-amfels.it          · März bis November geöffnet          · Aperto da marzo a novembre</p>
<p><b>Oberhochmuthof / Maso Oberhochmuthof</b>   1.400 m          Fam. Pircher · Via Muthöfaweg 9 · Dorf Tirol/Tirolo          Tel. +39 0473 229 948 · Mobil +39 334 359 543 1          info@oberhochmuthof.it · www.oberhochmuthof.it          · Anfang März bis Ende Dezember geöffnet          · Aperto da inizio marzo a fine dicembre</p>	<p><b>Christlhof / Maso Christlhof</b>   1.100 m          Fam. Ennemoser · Christlerstraße 5 · St. Martin i.P. / S. Martino i. P.          Tel. +39 0473 656 246 · Mobil +39 347 042 456 3          christlhof@bfree.it · www.christlhof.it          · Unterkunft ganzjährig + Jausenstation April bis Oktober geöffnet          · Alloggio aperto tutto l'anno + punto di ristoro da aprile a ottobre</p>
<p><b>Schutzhaus / Rifugio Hochgang</b>   1.839 m          Fam. Erlacher · Vertigen 33 · Partschins / Parcines          Tel. +39 0473 443 310          erlacher@hochganghaus · www.hochganghaus.it          · Ab Juni bis Ende Oktober geöffnet          · Aperto da giugno a fine ottobre</p>	<p><b>Gasthof / Albergo Jaufenblick</b>   850 m          Fam. Gufler · Flon-Matatz-Str. 5 · St. Martin i.P. / S. Martino i. P.          Tel. +39 0473 641 027          info@gasthausjaufenblick.com · www.gasthausjaufenblick.com          · Palmsonntag bis Allerheiligen geöffnet          · Aperto domenica delle Palme a Ognissanti</p>
<p><b>Schutzhütte Nasereit / Rifugio Nasereit</b>   1.523 m          Fam. Gerstgrasser · Zieltai · Partschins / Parcines          Tel. +39 0473 425 152 · Mobil +39 340 494 134 7          info@nasereit.com · www.nasereit.com          · Ostern bis November geöffnet          · Aperto da Pasqua a novembre</p>	<p><b>Ferienhaus - Chalet /Agriturismo Obertalerhof</b>   1.150 m          Fam. Prünster · Flon-Matatz-Str. 5 · St. Martin i.P. / S. Martino i. P.          Mobil +39 349 681 824 2          info@obertalerhof.it · www.obertalerhof.it          · Ganzjährig geöffnet          · Aperto tutto l'anno</p>
<p><b>Giggelberg / Malga Giggelberg</b>   1.565 m          Fam. Pichler · Sonnenberg 61 · Partschins / Parcines          Tel. +39 0473 967 566 · Mobil +39 338 599 895 3          info@giggelberg.com · www.giggelberg.com          · März bis November geöffnet          · Aperto da marzo a novembre</p>	<p><b>Krusterhof /Agriturismo Krusterhof</b>   1.050 m          Fam. Bortolotti · Flon-Matatz-Str. 36 · St. Martin i.P. / S. Martino i. P.          Tel. +39 0473 641 335          info@krusterhof.com · www.krusterhof.com          · 1. Mai bis 1. November geöffnet          · Aperto dal 1 maggio fino 1 novembre</p>
<p><b>Pirchhof / Maso Pirchhof</b>   1.445 m          Fam. Müller · Sonnenberg 70/a · Naturns / Naturno          Tel. +39 0473 667 812          info@pirchhof.it · www.pirchhof.it          · Ganzjährig geöffnet · April bis November kein Ruhetag          · Aperto tutto l'anno · aprile a novembre nessun giorno di riposo</p>	<p><b>Berggasthof /Albergo Valtelehof</b>   1.200 m          Fam. Pircher · Flon-Matatz-Str. 34 · St. Martin i.P. / S. Martino i. P.          Tel. +39 0473 641 329 · Mobil +39 346 823 264 5          info@valtelehof.com · www.valtelehof.com          · März bis Ende November geöffnet          · Aperto da marzo fino novembre</p>
<p><b>Patleidhof / Maso Patleidhof</b>   1.386 m          Fam. Oberhofer · Sonnenberg 47 · Naturns / Naturno          Tel. +39 0473 667 767 · Mobil +39 347 787 789 5          info@patleidhof.it · www.patreidhof.it          · März bis November geöffnet · Montag Ruhetag          · Aperto da marzo a novembre · lunedì giorno di riposo</p>	<p><b>Berggasthof /Albergo Magdfeld</b>   1.150 m          Fam. Ilmer · Magdfeld 2 · Riffian / Rifiano          Tel. +39 0473 641 249 · Mobil +39 338 486 502 1          info@gasthaus-magdfeld.com · www.gasthaus-magdfeld.com          · Ostern bis Allerheiligen geöffnet · Montag Ruhetag          · Aperto da Pasqua a Tutti i santi · lunedì giorno di riposo</p>
<p><b>Linthof / Maso Linthof</b>   1.464 m          Fam. Fliri · Sonnenberg 48 · Naturns / Naturno          Mobil +39 349 378 667 8          info@linthof.com · www.linthof.com          · März bis November geöffnet          · Aperto da marzo a novembre</p>	<p><b>Hofschenke Alpenland</b>   1.135 m          Fam. Haller · Kalmtalerstr. 21 · St. Martin i.P. / S. Martino i. P.          Mobil +39 335 563 258 0          info@hofschenke-alpenland.com · www.hofschenke-alpenland.com          · Mai bis Oktober geöffnet          · Aperto da Maggio fino ottobre</p>

# Meran and Environs



<p><b>Hofschank Wald / Maso Wald</b>   1.100 m          Fam. Kneissl · Fuchsberg 51 · Naturns / Naturno          Mobil +39 335 522 870 o  <a href="mailto:info@hofschank-wald.com">info@hofschank-wald.com</a> · <a href="http://www.hofschank-wald.com">www.hofschank-wald.com</a>          · April bis Oktober geöffnet · Freitag Ruhetag          · Aperto da aprile a ottobre · venerdì giorno di riposo</p>	<p><b>Gasthaus / Albergo Brunner</b>   1.100 m          Fam. Hofer · Vernuer 13 · Riffian / Rifiano          Tel. +39 0473 241 036  <a href="mailto:gasthaus-brunner@rolmail.net">gasthaus-brunner@rolmail.net</a>          · April bis November geöffnet · Dienstag Ruhetag          · Aperto da aprile a novembre · martedì giorno di riposo</p>
<p><b>Oberperlhof / Maso Oberperlhof</b>   1.500 m          Fam. Nischler · Katharinaberg 20 · Schnalstal / Val Senales          Tel. +39 0473 679 243  <a href="mailto:info@oberperlhof.it">info@oberperlhof.it</a> · <a href="http://www.oberperlhof.it">www.oberperlhof.it</a>          · Ganzjährig geöffnet          · Aperto tutto l'anno</p>	<p><b>Gasthof / Albergo Walde</b>   1.310 m          Fam. Prünster · Vernuer 24 · Riffian / Rifiano          Tel. +39 0473 241 198 · Mobil +39 333 452 226 7  <a href="mailto:info@gasthof-walde.com">info@gasthof-walde.com</a> · <a href="http://www.gasthof-walde.com">www.gasthof-walde.com</a>          · April bis November geöffnet · Donnerstag Ruhetag          · Aperto da aprile a novembre · giovedì giorno di riposo</p>
<p><b>Gasthof / Albergo Schnalsburg</b>   1.245 m          Fam. Gurschler · Katharinaberg 49 · Schnalstal / Val Senales          Tel. +39 0473 679 145  <a href="mailto:info@schnalsburg.com">info@schnalsburg.com</a> · <a href="http://www.schnalsburg.it">www.schnalsburg.it</a>          · Ganzjährig geöffnet · Freitag Ruhetag          · Aperto tutto l'anno · venerdì giorno di riposo</p>	<p><b>Gasthof / Maso Talbauer</b>   1.200 m          Fam. Gamper · Muthöfeweg 3 · Dorf Tirol / Tirolo          Mobil +39 348 714 118 o · <a href="mailto:info@talbauer.it">info@talbauer.it</a> · <a href="http://www.talbauer.it">www.talbauer.it</a>          · April bis November geöffnet · Donnerstag Ruhetag          · Aperto da aprile a novembre · giovedì giorno di riposo</p>
<p><b>Moarhof / Maso Moarhof</b>   1.245 m          Fam. Müller · Katharinaberg 54 · Schnalstal / Val Senales          Tel. +39 0473 679 221 · Mobil +39 333 495 921 3  <a href="mailto:info@moar-hof.info">info@moar-hof.info</a> · <a href="http://www.moarhof-schnals.com">www.moarhof-schnals.com</a>          · Ganzjährig geöffnet · kein Ruhetag          · Aperto tutto l'anno · nessun giorno di riposo</p>	

## Restaurants at the Merano High Mountain Trail South

<p><b>Gasthaus Steinegg / Malga Steinegg</b>   1.500 m          Fam. Pircher · Via Muthöfeweg 10 · Dorf Tirol/Tirolo          Mobil +39 338 900 453 1 · <a href="mailto:info@steinegg.it">info@steinegg.it</a> · <a href="http://www.steinegg.it">www.steinegg.it</a>          · Mitte März bis Mitte November geöffnet          · Aperto da metà marzo a metà novembre</p>	<p><b>Galmeinhof / Maso Galmein</b>   1.384 m          Fam. Tumler · Sonnenberg 41 · Naturns / Naturno          Tel. +39 0473 668 117 · Mobil +39 349 720 556 6          · von März bis November geöffnet          · Aperto da marzo a novembre</p>
<p><b>Gasthaus / Albergo Leiteralm</b>   1.522 m          Fam. Innerhofer · Algund/Tirolo          Mobil +39 338 317 248 4  <a href="mailto:info@leiteralm.com">info@leiteralm.com</a> · <a href="http://www.leiteralm.com">www.leiteralm.com</a>          · 1. April bis 6. November geöffnet · kein Ruhetag          · Aperto: 1.4. – 6.11. · nessun giorno di riposo</p>	<p><b>Gasthaus Unterstell / Ristorante Unterstell</b>   1.300 m          Fam. Götsch · Sonnenberg 46 · Naturns / Naturno          Tel. +39 0473 667 747  <a href="mailto:info@unterstellhof.com">info@unterstellhof.com</a> · <a href="http://www.unterstellhof.com">www.unterstellhof.com</a>          · Ganzjährig geöffnet · Freitag Ruhetag (außer Sept.&amp; Okt.)          · Aperto tutto l'anno · venerdì giorno di riposo (eccetto sett. e ott.)</p>
<p><b>Tablander Alm / Malga Tablander</b>   1.788 m          Fam. Patrick und Sara · Zieltal · Partschins / Parchines          Mobil. +39 348 376 264 8 · <a href="mailto:sarafischer9777@gmail.com">sarafischer9777@gmail.com</a>          · von Mai bis Anfang November geöffnet          · Aperto da maggio a inizio novembre</p>	<p><b>Gasthaus / Malga Longfall</b>   1.0750 m          Fam. Wopfner · Sponserweg 1 · Dorf Tirol / Tirolo          Tel. +39 0473 923 674 · <a href="mailto:info@longfall.it">info@longfall.it</a>          · Ganzjährig geöffnet · Freitag Ruhetag          · Aperto tutto l'anno · venerdì giorno di riposo</p>



## Accommodation possibilities at the Merano High Mountain Trail North

<p><b>Untervernatschhof / Maso Untervernatschhof</b>   1.500 m          Fam. Mair · Katharinaberg 17 · Schnalstal / Val Senales          Tel. +39 0473 679 241 · Mobil +39 335 677 321 8  <a href="mailto:info@untervernatsch.com">info@untervernatsch.com</a> · <a href="http://www.untervernatsch.com">www.untervernatsch.com</a>          · Ganzjährig geöffnet          · Aperto tutto l'anno</p>	<p><b>Martin's Hofladen – Hofschanke</b>   1.680 m          Fam. Schweigl · Pfelders 15D · Pfelders / Plan          Mobil +39 346 061 269 4  <a href="mailto:info@zeppichl-bauernguet.com">info@zeppichl-bauernguet.com</a> · <a href="http://www.zeppichl-bauernguet.com">www.zeppichl-bauernguet.com</a>          · Ganzjährig geöffnet          · Aperto tutto l'anno</p>
<p><b>Montferthof / Maso Montferthof</b>   1.475 m          Fam. Ilmer · Katharinaberg 14 · Schnalstal / Val Senales          Tel. +39 0473 679 236 · <a href="mailto:info@montferthof.it">info@montferthof.it</a> · <a href="http://www.montferthof.it">www.montferthof.it</a>          · Ganzjährig geöffnet          · Aperto tutto l'anno</p>	<p><b>Gasthaus / Albergo Zeppichl</b>   1.684 m          Fam. Schweigl · Pfelders 15 · Pfelders / Plan          Tel. +39 0473 646 762  <a href="mailto:info@zeppichl.com">info@zeppichl.com</a> · <a href="http://www.zeppichl.com">www.zeppichl.com</a>          · Unterkunft ganzjährig, Gasthaus Dezember -April &amp; Juni -Oktober          · Alloggio tutto l'anno, ristorante dicembre – aprile &amp; giugno -ottobre</p>
<p><b>Nassreidhof / Maso Nasreidhof</b>   1.534 m          Fam. Gurschler-Nischler · Pfosstal 9 · Schnalstal / Val Senales          Tel. +39 0473 679 233 · Mobil +39 320 777 055 7  <a href="mailto:info@nassreidhof.it">info@nassreidhof.it</a> · <a href="http://www.nassreidhof.it">www.nassreidhof.it</a>          · Januar bis Anfang Dezember geöffnet          · Aperto da gennaio a inizio dicembre</p>	<p><b>Pension Peterhof / Pensione Peterhof</b>   1.700 m          Fam. Brunner · Pfelders 14A · Pfelders / Plan          Tel. +39 0473 646 733 · <a href="mailto:peterhof.pfelders@gmail.com">peterhof.pfelders@gmail.com</a>          · Ende Dezember bis Ostern und Ende Juni bis 1.Okttober geöffnet          · Aperto fine dicembre a Pasqua e fine giugno a 1 ottobre</p>
<p><b>Gasthof / Albergo „Jägerrast-Vorderkas“</b>   1.694 m          Fam. Kofler · Pfosstal 6 · Schnalstal / Val Senales          Tel. +39 0473 421 652  <a href="mailto:gasthof.jaegerrast@rolmail.net">gasthof.jaegerrast@rolmail.net</a> · <a href="http://www.jaegerrast.com">www.jaegerrast.com</a>          · Ostern bis Ende Oktober geöffnet          · Aperto da Pasqua a fine ottobre</p>	<p><b>Dicktnerhof / Agriturismo Dicktnerhof</b>   1.680 m          Fam. Pixner · Pfelders 15A · Pfelders / Plan          Mobil +39 340 242 975 6  <a href="mailto:info@dictchnerhof.it">info@dictchnerhof.it</a> · <a href="http://www.dictchnerhof.it">www.dictchnerhof.it</a>          · Ganzjährig geöffnet          · Aperto tutto l'anno</p>
<p><b>Mitterkaser Alm / Malga Mitterkas</b>   1.954 m          Pfosstal 4 · Schnalstal / Val Senales          · Mai bis November geöffnet          · Aperto da maggio a novembre</p>	<p><b>Seppnerhof / Agriturismo Seppnerhof</b>   1.680 m          Fam. Ennenmoser · Pfelders 13B · Pfelders / Plan          Mobil. +39 345 622 987 6  <a href="mailto:kontakt@kaeserei-pfelders.com">kontakt@kaeserei-pfelders.com</a> · <a href="http://www.kaeserei-pfelders.com">www.kaeserei-pfelders.com</a>          · Ganzjährig geöffnet          · Aperto tutto l'anno</p>
<p><b>Rableid Alm / Malga Rableid</b>   2.004 m          Fam. Rechenmacher · Pfosstal 2 · Schnalstal / Val Senales          Tel. +39 0473 420 631 · Mobil +39 335 366 766  <a href="mailto:info@rableidalm.com">info@rableidalm.com</a> · <a href="http://www.rableidalm.com">www.rableidalm.com</a>          · Mai bis November geöffnet          · Aperto da maggio a novembre</p>	<p><b>Hotel Pfeldererhof</b>          Fam. Gufler · Pfelders 29 · Pfelders / Plan          Tel. +39 0473 646 706  <a href="mailto:info@pfeldererhof.it">info@pfeldererhof.it</a> · <a href="http://www.pfeldererhof.it">www.pfeldererhof.it</a>          · Juni bis Oktober und Dezember bis April geöffnet          · Aperto da giugno a ottobre e da dicembre ad aprile</p>
<p><b>Eishof Alm / Maso Gelato</b>   2.076 m          Herr Haller Ulrich · Pfosstal 1 · Schnalstal / Val Senales          Tel. +39 0473 420 524 · Mobil +39 346 732 377 3  <a href="mailto:info@eishof.com">info@eishof.com</a> · <a href="http://www.eishof.com">www.eishof.com</a>          · Anfang Mai bis Ende Oktober geöffnet          · Aperto da inizio Maggio a fine ottobre</p>	<p><b>Hotel Restaurant Rosmarie</b>   1.640 m          Fam. Gufler · Pfelders 36 · Pfelders / Plan          Mobil +39 346 686 167 0  <a href="mailto:info@hotel-rosmarie.it">info@hotel-rosmarie.it</a> · <a href="http://www.hotel-rosmarie.it">www.hotel-rosmarie.it</a>          · Juni bis Oktober und Dezember bis April geöffnet          · Aperto da giugno a ottobre e da dicembre ad aprile</p>
<p><b>Stettiner Hütte / Rifugio Petrarca</b>   2.875 m          Fam. Fontana · Pfelders / Plan          Tel. +39 0473 424 244 · Mobil +39 347 874 280 5  <a href="mailto:stettiner@13h.de">stettiner@13h.de</a> · <a href="http://www.13h.de">www.13h.de</a>          · 1.Juli bis 30. September geöffnet          · Aperto dal 1 luglio al 30 settembre</p>	<p><b>Alpshotel Bergland</b>   1.622 m          Fam. Ennenmoser · Pfelders 27 · Pfelders / Plan          Tel. +39 0473 646 716 · Mobil +39 347 331 971 5  <a href="mailto:info@alpshotelbergland.com">info@alpshotelbergland.com</a> · <a href="http://www.alpshotelbergland.com">www.alpshotelbergland.com</a>          · Mai bis Oktober geöffnet          · Aperto da Maggio fino ottobre</p>

# Meran and Environs



<p><b>Residence Panorama</b>   1.620 m          Fam. Schweigl · Pfelders 33 · Pfelders / Plan          Tel. +39 0473 646 727 · Mobil +39 334 171 070 5  <a href="mailto:info@panorama-pfelders.com">info@panorama-pfelders.com</a> · <a href="http://www.panorama-pfelders.com">www.panorama-pfelders.com</a></p> <ul style="list-style-type: none"> <li>· Ganzjährig geöffnet</li> <li>· Aperto tutto l'anno</li> </ul>	<p><b>Residence Texel</b>   1.621 m          Fam. Gufler · Pfelders 35 · Pfelders / Plan          Tel. +39 0473 424 224  <a href="mailto:info@residence-texel.com">info@residence-texel.com</a> · <a href="http://www.residence-texel.com">www.residence-texel.com</a></p> <ul style="list-style-type: none"> <li>· Juni bis September und Dezember bis April geöffnet</li> <li>· Aperto da giugno a settembre e dicembre a aprile</li> </ul>
<p><b>Pension / Pensione Enzian</b>   1.626 m          Fam. Dandler · Pfelders 25 · Pfelders / Plan          Tel. +39 0473 646 708  <a href="mailto:info@enzian-pfelders.it">info@enzian-pfelders.it</a> · <a href="http://www.enzian-pfelders.com">www.enzian-pfelders.com</a></p> <ul style="list-style-type: none"> <li>· Juni bis November geöffnet</li> <li>· Aperto da giugno a novembre</li> </ul>	<p><b>Appartement Garden</b>   1.665 m          Fam. Gufler · Pfelders 31 · Pfelders / Plan          Tel. +39 0473 563 112 · Mobil +39 333 405 613 9  <a href="mailto:info@garden-pfelders.it">info@garden-pfelders.it</a> · <a href="http://www.garden-pfelders.it">www.garden-pfelders.it</a></p> <ul style="list-style-type: none"> <li>· Ganzjährig geöffnet</li> <li>· Aperto tutto l'anno</li> </ul>
<p><b>Frühstückspension / Pensione Wiesental</b>   1.620 m          Fam. Ennemoser · Pfelders 28 · Pfelders / Plan          Tel. +39 0473 646 712  <a href="mailto:info@pension-wiesental.it">info@pension-wiesental.it</a> · <a href="http://www.pension-wiesental.it">www.pension-wiesental.it</a></p> <ul style="list-style-type: none"> <li>· Ganzjährig geöffnet</li> <li>· Aperto tutto l'anno</li> </ul>	<p><b>Gasthaus Edelweiss</b>   1.665 m          Fam. Kofler · Pfelders 10 · Pfelders / Plan          Tel. +39 0473 646 713 · Mobil +39 349 142 652 3  <a href="mailto:info@edelweiss-pfelders.it">info@edelweiss-pfelders.it</a> · <a href="http://www.edelweiss-pfelders.it">www.edelweiss-pfelders.it</a></p> <ul style="list-style-type: none"> <li>· Juni bis Oktober geöffnet</li> <li>· Aperto da giugno a ottobre</li> </ul>
<p><b>Privatpension Firn</b>   1.620 m          Fam. Gufler · Pfelders 34 · Pfelders / Plan          Tel. +39 0473 646 705  <a href="mailto:info@garnifirn.com">info@garnifirn.com</a> · <a href="http://www.garnifirn.com">www.garnifirn.com</a></p> <ul style="list-style-type: none"> <li>· Ganzjährig geöffnet</li> <li>· Aperto tutto l'anno</li> </ul>	<p><b>Hotel Pöhl</b>   1.625 m          Fam. Pöhl · Pfelders 26 · Pfelders / Plan          Tel. +39 0473 646 749 · Mobil +39 349 404 188 3  <a href="mailto:info@poehl-passeiertal.it">info@poehl-passeiertal.it</a> · <a href="http://www.poehl-passeiertal.it">www.poehl-passeiertal.it</a></p> <ul style="list-style-type: none"> <li>· Dezember bis April &amp; Juni bis Oktober geöffnet</li> <li>· Aperto da dicembre a aprile e giugno a ottobre</li> </ul>
<p><b>Hotel Alpenblick</b>   1.622 m          Fam. Hofer · Pfelders 22 · Pfelders / Plan          Tel. +39 0473 646 740  <a href="mailto:info@alpenblick.org">info@alpenblick.org</a> · <a href="http://www.alpenblick.org">www.alpenblick.org</a></p> <ul style="list-style-type: none"> <li>· Juni bis Oktober und Dezember bis April geöffnet</li> <li>· Aperto da giugno a ottobre e dicembre a aprile</li> </ul>	<p><b>Thomashof / Maso Thomashof</b>   1.620 m          Fam. Pöhl · Pfelders 4 · Pfelders / Plan          Mobil +39 349 555 682 3  <a href="mailto:info@thomashof.it">info@thomashof.it</a> · <a href="http://www.thomashof.it">www.thomashof.it</a></p> <ul style="list-style-type: none"> <li>· Juni bis Oktober geöffnet</li> <li>· Aperto da giugno a ottobre</li> </ul>

## Restaurants at the Merano High Mountain Trail North

<p><b>Lazinser Alm / Malga Lazins</b>   1.882 m          Fam. Heel-Raich · Pfelders / Plan          Tel. +39 0473 646 800 · Mobil +39 340 898 927 0  <a href="mailto:Elisabeth.heel20@gmail.com">Elisabeth.heel20@gmail.com</a></p> <ul style="list-style-type: none"> <li>· Mai bis Oktober geöffnet</li> <li>· Aperto da maggio a ottobre</li> </ul>	<p><b>Restaurant / Ristorante Bergkristall</b>   1.560 m          Fam. Buchschwenter · Pfeldererstr. 103 · Pfelders / Plan          Mobil +39 338 917 521 3</p> <ul style="list-style-type: none"> <li>· Ganzjährig geöffnet</li> <li>· Aperto tutto l'anno</li> </ul>
<p><b>Martin's Hofladen – Hofschanke</b>   1.680 m          Fam. Schweigl · Pfelders 15D · Pfelders / Plan          Mobil +39 349 703 681 0  <a href="mailto:martin.schweigl85@gmail.com">martin.schweigl85@gmail.com</a> · <a href="http://www.zeppichl-bauernguet.com">www.zeppichl-bauernguet.com</a></p> <ul style="list-style-type: none"> <li>· Dezember bis April und Juni bis Oktober geöffnet</li> <li>· Aperto da dicembre a aprile e giugno a ottobre</li> </ul>	